



# “PEP” CLASSES

POSITIVE **E**FFECTIVE **P**ARENTING

“PEP Classes” are a free 12 week parenting program promoting empathy, discipline with dignity, self-worth and empowerment.

## Topics Include

Ages and Stages of Growth  
Alternatives to Spanking  
Developing Family Values / Rules  
&  
Positive ways to Deal with Stress

\*\*Formerly known as Children’s Parents\*\*

## WHEN?

Wednesdays

August 8 – October  
24, 2018

10:30 – 12:00 pm

## WHERE?

The Parenting PATH

## HOW DO I PARTICIPATE?

PRE-REGISTRATION IS  
REQUIRED

Call (336) 748-9028  
to register

Complete the 10  
lessons and  
receive a  
certificate of  
completion!

## THE PARENTING PATH

500 W. Northwest Blvd.  
Winston Salem, NC  
27105

(336) 748-9028

[www.parentingpath.org](http://www.parentingpath.org)