

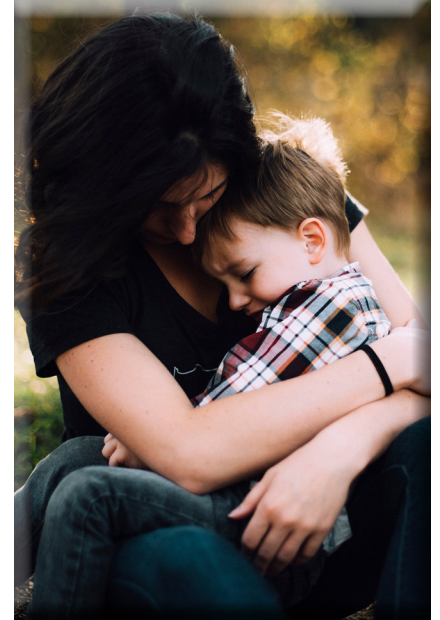
Co-Parenting for Healthy Children



**First & Third Wednesday
11 am - 12 pm
Beginning September 4th**

TOPICS INCLUDE:

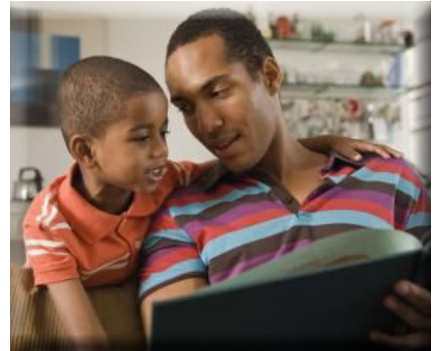
- Making a Plan for Shared Parenting
- Reducing Co-Parent Conflict
- Parenting Skill to Reduce Risk
- Handling Stress and Building a Support Network



Co-Parenting for Healthy Children

Children often struggle when they are split between two households. Maintaining a positive friendly relationship between the couple can be hard and children sometimes feel a need to need to choose one parent or other.

“Co-Parenting for Healthy Children” is an evidenced based comprehensive course for parents to deal with the challenges of separation. The course is designed to strengthen the parent-child relationship and enhance parenting skills to create healthy children.



To register, please call 336-748-9028

Certificate provided on successful completion of the course



Stokes Wellness Center
3172 NC Hwy 8 South, Unit B
Walnut Cove