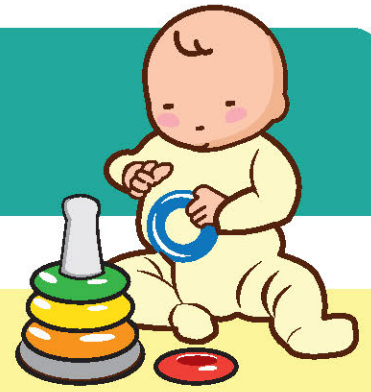


# Safe and Healthy Diapering in the Home



Protect yourself and your child from germs by following these diapering steps.



## 1. CLEAN CHILD

*Keep hand on child at all times for safety!*

- Place the child on diapering surface and unfasten diaper.
- Clean the child's diaper area with fresh baby wipes. Always wipe from front to back.
- Keep dirty diaper/clothing away from any surfaces that cannot be easily cleaned



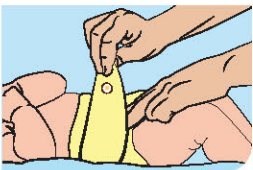
## 2. REMOVE DIRTY DIAPER

If child is using cloth diapers:

- Place used disposable baby wipes in a plastic-lined, lidded trash can or place cloth wipes in a cloth diaper pail.
- If child has pooped, fold diaper closed and set aside for now, out of child's reach.
- If child has not pooped, place the dirty diaper in a cloth diaper pail.

If child is using disposable diapers:

- Set the used baby wipes in the dirty diaper.
- Place the dirty diaper and used baby wipes in a plastic-lined, lidded trash can.



## 3. REPLACE DIAPER

- Slide a fresh diaper under the child.
- Apply diaper cream, if needed.
- Fasten the diaper and dress the child.



## 4. WASH CHILD'S HANDS

- Wash child's hands with soap and water and place him or her in a safe, supervised area.



## 5. CLEAN DIAPERING SURFACE (Especially if there were any spills or leaks of diaper contents)

- If diapering surface is waterproof, wipe up any visible soil with damp paper towels or a baby wipe. Then scrub with a disinfectant and allow surface to air dry.
- If diapering surface has a fabric cover, remove the soiled cover and replace it with a fresh one.



## 6. FLUSH POOP (If using cloth diapers)

- If the child had pooped into the diaper, discard poop in toilet. Take care not to touch any other surfaces.
- Place the dirty diaper in the trash can or cloth diaper pail.



## 7. WASH YOUR HANDS

- Wash your hands thoroughly with soap and water.



Centers for Disease  
Control and Prevention  
National Center for Emerging and  
Zoonotic Infectious Diseases